

Holy Cross College (Autonomous) Tiruchirappalli-2  
RESCAPES Program 2020-2021

Program on **SELF-PROTECTION AND HOME-MADE MEDICINE**

Date: 8<sup>th</sup> September 2020

Venue: Valmanapalayam-Theirkiyur

To strengthen the rural people about their health and make them to become self-aware our college extension department in association CHAT Organization distributed Mask, Kabasura kudineer to the village people of Valmanapalayam-Theirkiyur. Mr.Franics from CHAT organization explained the village people about the importance of kabasura kudineer and the need of wearing mask. Mr. Jayachandran, Coordinator, SHEPARD, St.Joseph College (Autonomous) Tiruchirappalli explained the village people about the home made medicines and the health benefits of herbs available in the rural area. Kabasura kudineer and mask was distributed to 80 village people.





Mr. Jayachandran, Coordinator, SHEPARD, St. Joseph College (Autonomous) Tiruchirappalli explained the importance of herbs and homemade medicine

